1-10-2020 Girl’s Indoor Track @ Spire Institute-Results

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| **4X200**  **2:02.68 -7th** | **4X800**  **12:51.3 -9th** | **60 m Hurdle** | **60 m Dash** | **1600 m Run** |
| Riley Cuckovich  29.3 | Kerrianne Mylar  3:08 | Riley Cuckovich  DNR | Madison Kihm  9.92 (59) | Peyton Ferguson  7:17.5 (37) |
| Madison Kihm  31.3 | Peyton Ferguson  3:20 |  | Emma Urchek  9.40 (50) | Emily Knox  7:15.6 (36) |
| Emma Urchek  32.8 | Ava Spano  3:10 |  |  | Kerrianne Mylar  7:15.1 (35) |
| Sarah Schnieder  27.9 | Monet Hostutler  3:11 |  |  |  |
|  |  |  |  |  |
| **400 m Dash** | **800 m Run** | **200 m Dash** | **3200 m Run** | **4X400 A**  **5:01.2 – 10th** |
| Madison Kihm  1:26.6 (50) | Peyton Ferguson  DNR | Monet Hostutler  31.94 (53) |  | Monet Hostutler  1:13 |
|  | Emily Knox  DNR | Madison Kihm  34.70 (61) |  | Riley Cuckovich  1:18 |
|  |  | Sarah Schnieder  30.35 (41) PR |  | Ava Spano  1:16 |
|  |  | Ava Spano  32.01 (54) |  | Sarah Schnieder  1:11 |
|  |  |  |  |  |
| **4X400 B**  **5:37.4 -14th** | **High Jump (5:30)** | **Long Jump(5:30)** | **Shot (5:30)** | **Weight Throw (Boys first)** |
| Kerrianne Mylar  1:19 | Riley Cuckovich  4’7” (8th) | Makayla Neiswannger  7’6 ½” (22) | Lexie Drewek  33’ 2 ½” (6) Tied PR | Lexie Drewek  32’ (6) |
| Peyton Ferguson  1:32 |  | Sarah Schnieder  14’ 1 ½” (9) | Kiliegh Rice  26’ 7 ¾” (12) | Kiliegh Rice  30’ 10” (8) PR |
| Emma Urchek  1:15 |  |  |  |  |
| Emily Knox  1:30 |  |  |  |  |
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Congratulations on a very successful first meet. People made it to their events and we were competitive with 5 events in scoring position (top 8) and two indoor PR’s an done PR tie. Work on warming up and cooling down more seriously and being aggressive at the start of your race!